

## 2. DACH ANCA VASKULITIS FORUM 2024

22. & 23. NOVEMBER 2024 | MÜNCHEN

CSL Vifor

# Wieso sind die Langzeitdaten der frühen EUVAS-Studien wichtig?

Univ.Doz.Dr. Irmgard Neumann



Wien



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### **ANCA assoziierte Vaskulitis** **Wieso sind die Langzeitdaten der frühen EUVAS** **Studien wichtig?**

Irmgard Neumann

Wien und Immunologie Zentrum Zürich



# Disclosures

Consulting/ Advisory boards: Vifor, GSK, Otsuka, Glaxo, Novartis

## Wieso sind die Langzeitdaten der frühen EUVAS Studien wichtig?

- Langzeit follow-up Studien
- Was haben wir daraus gelernt ?
- Welche Implikationen gibt es ?



## Prognose der AAV History

1950s Überleben unbehandelt 5 Monate  
1-Jahres Mortalität 82%

Walton EW Br Med J 1958

1967 Steroide → 1-Jahres Überleben 34%

Hollander, Ann Intern Med 1967

1970s Kortikosteroide + CYC  
→ Remission bis zu 90%

Fauci AS, Ann Intern Med 1983

1982-2010 1-J Überleben 80 - 88%  
5-J Überleben 70 - 78%

SlotMC, Kidney Int 2003

# Prognose der AAV History

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1967

## Cyclophosphamide - Treatment associated morbidity

Ann Intern Med 1967

1970s

- Infectious complications 46 %
- Haemorrhagic Cystitis 43 %
- Infertility (after 1 yr) 57 %

Ann Intern Med 1983

1982-2

- Malignancy compared to NIH overall 2.4-fold  
bladder-cancer 33-fold  
lymphoma 14-fold

lotMC, Kidney Int 2003

Hoffman et al. Ann Int Med 92

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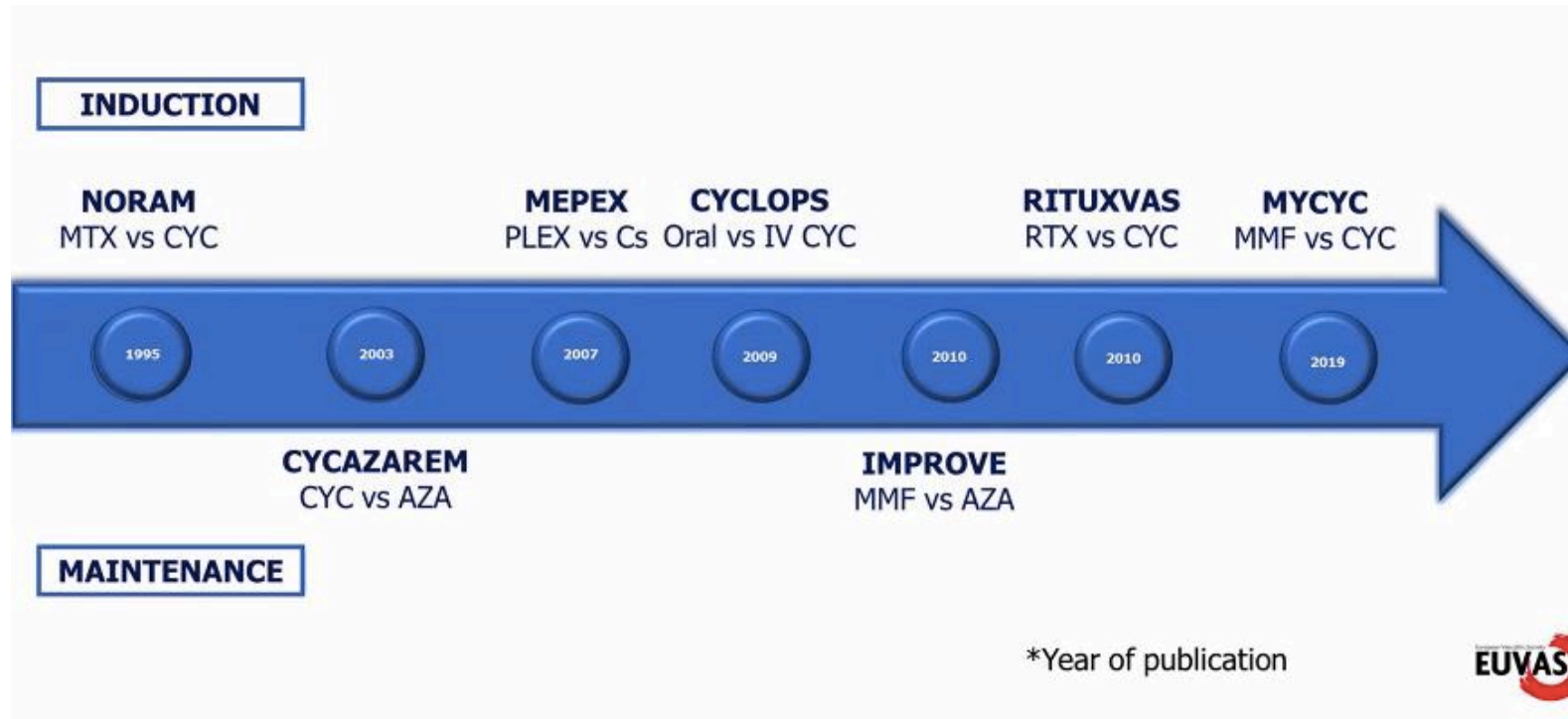


Ersten 4 EUVAS Trials 5-Jahres follow-up  
Remission nach 6 Monaten 80%-90%  
2.6-fach erhöhtes Risiko für Mortalität im Vergleich zur Allgemeinbevölkerung

Flossmann O, Ann Rheum Dis 2011

# Long-term outcomes and prognostic factors for **survival** of patients with ANCA-associated vasculitis

continuation of the previous EUVAS  
5-year follow-up



RCTs (1995-2012): **n=848**  
MEPEX, NORAM, CYCAZAREM, CYCLOPS,  
IMPROVE, RITUXVAS and MYCYC,

## Long-term outcomes and prognostic factors for survival of patients with ANCA-associated vasculitis

continuation of the previous EUVAS  
5-year follow-up

Characteristics	NORAM (N = 95)	CYCAZAREM (N = 155)	CYCLOPS (N = 148)	MEPEX (N = 137)	RITUXVAS (N = 44)	IMPROVE (N = 156)	MYCYC (N = 140)
Disease stage	Early systemic	Mild–moderate	Mild–moderate	Severe	Mild–moderate	Mild–moderate	Mild–moderate
Age (years), median (IQR)	53 (18–78)	58 (20–77)	57 (18–86)	66 (27–81)	63 (20–84)	55 (19–74)	56 (9–87)
Induction	MTX versus CYC po	CYC po	CYC IV versus po	MEP versus PE	RTX + CYC versus CYC	CYC po	CYC po versus MMF
Maintenance	MTX or CYC po	CYC po versus AZA	AZA	AZA	AZA	AZA versus MMF	AZA
Duration (months)	18	18	18	12	24	48	18
Inclusion period	1995–2000	1995–1997	1998–2001	1995–2001	2006–2007	2002–2005	2008–2011

AZA: azathioprine; CYC: cyclophosphamide; iv: intravenous; MEP: pulse methylprednisolone; MMF: mycophenolate mofetil; MTX: methotrexate; OCS: oral corticosteroids; po: oral.

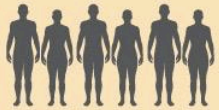
# Long-term outcomes and prognostic factors for survival of patients with ANCA-associated vasculitis

## Methods



### Multicenter

74 centers, 17 countries in Europe



### 848 patients

Enrolled 1995–2012 in 7 EUVAS (European Vasculitis Society) randomized clinical trials



- Newly diagnosed with AAV
- Compared to matched background population

**GPA 56%**

**MPA 44%**

**848 neu diagnostizierte AAV**  
**gut charakterisiert**  
Alter 58 ± 14 Jahre

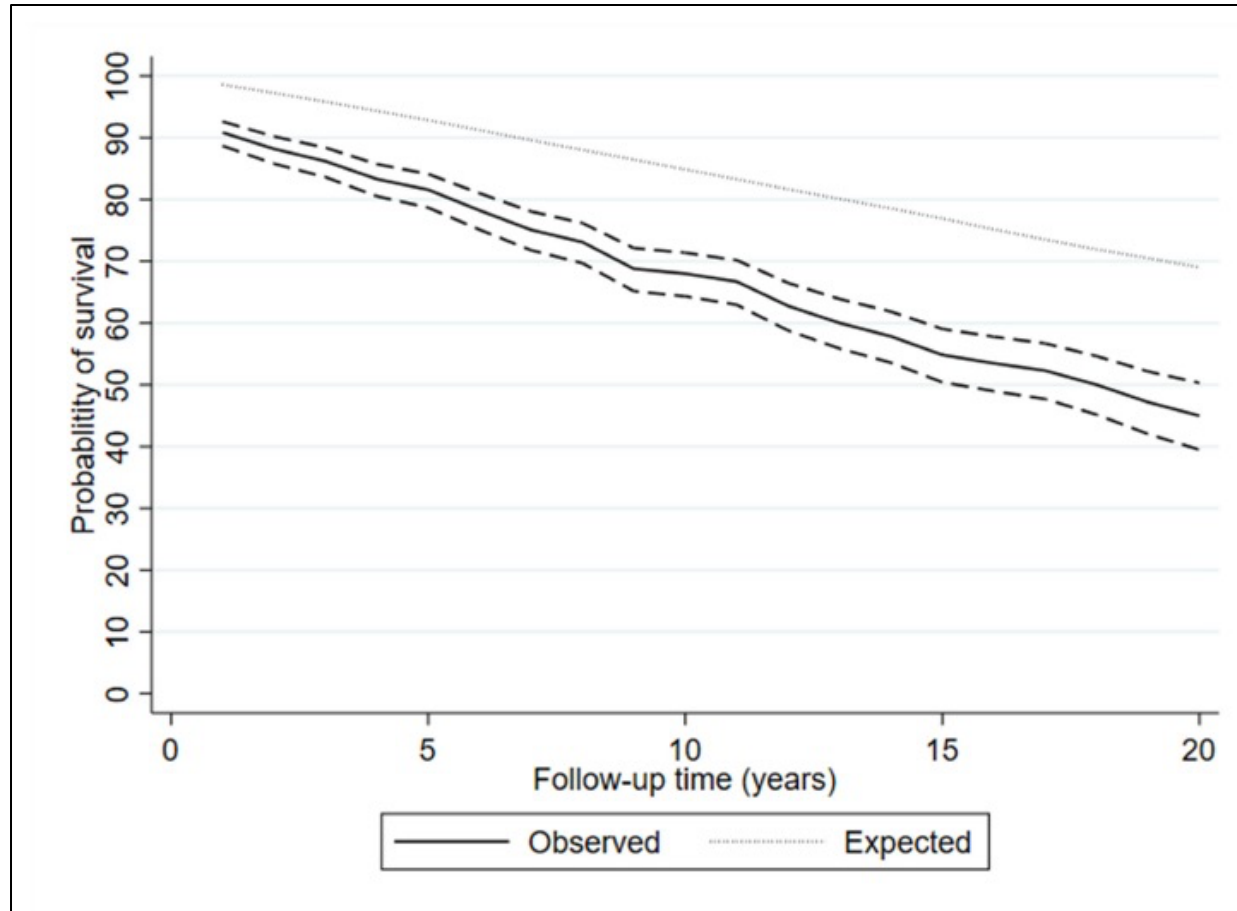
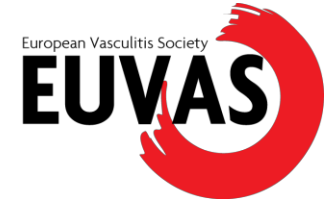
**Median long-term follow-up**

8 years (IQR: 2.9–13.6)

**Survival**  
**Causes of death**  
**Prognostic factors**

## Patienten Überleben

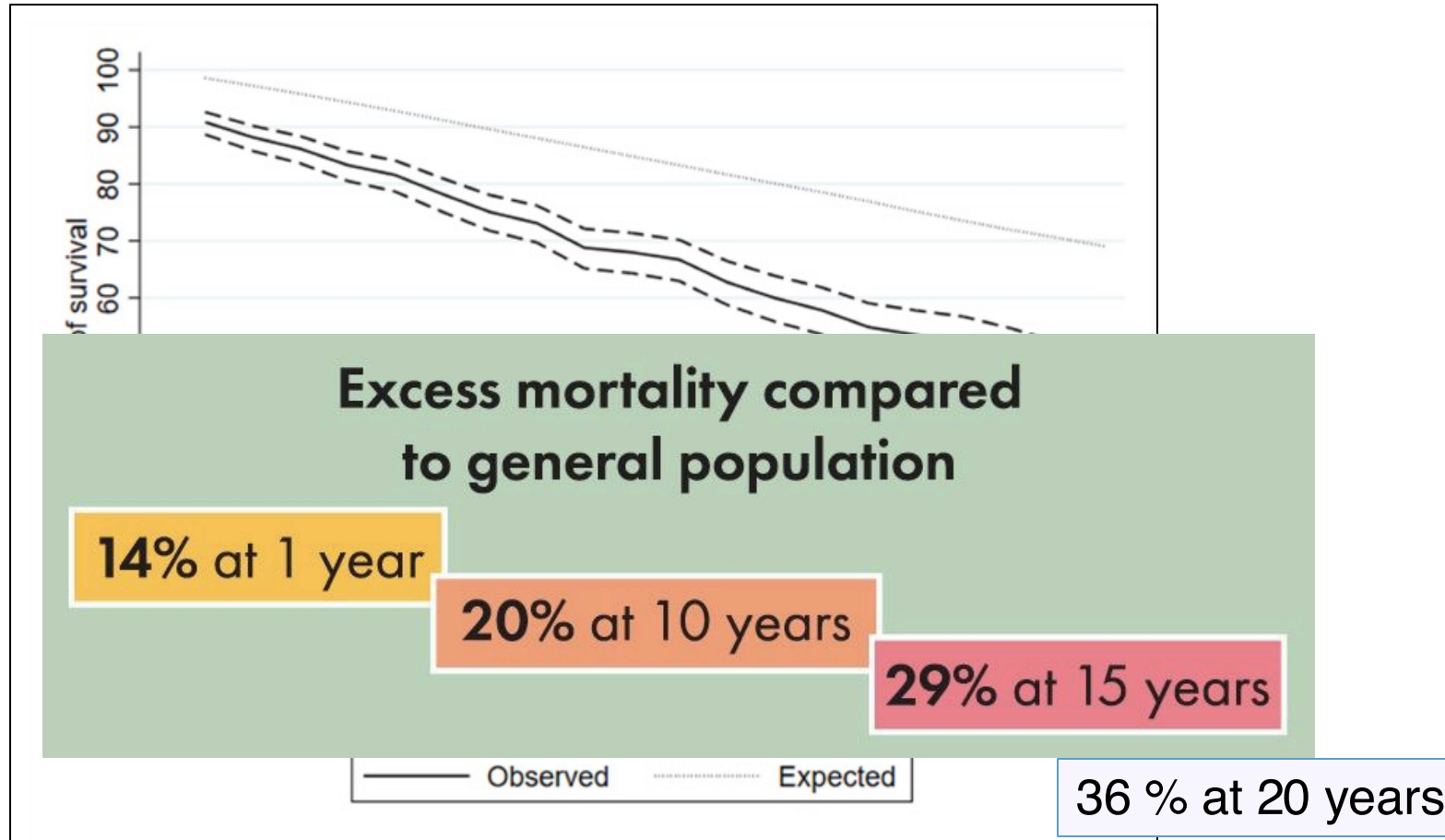
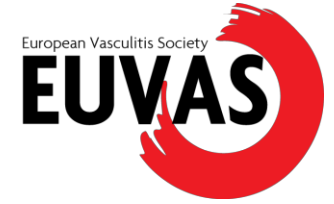
**Median survival from diagnosis: 17.8 years**  
\*95% CI 15.7–20 years





## Patienten Überleben

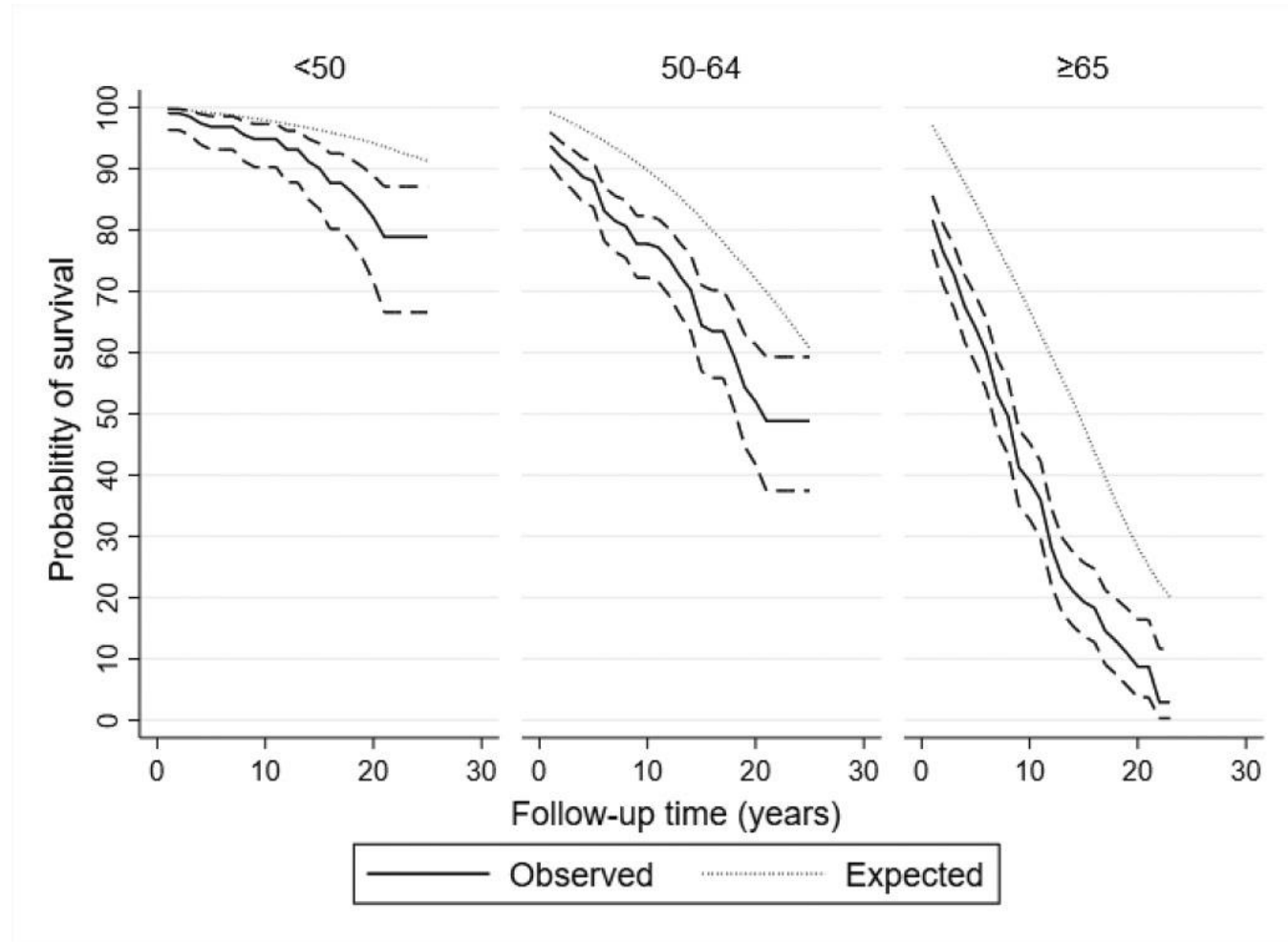
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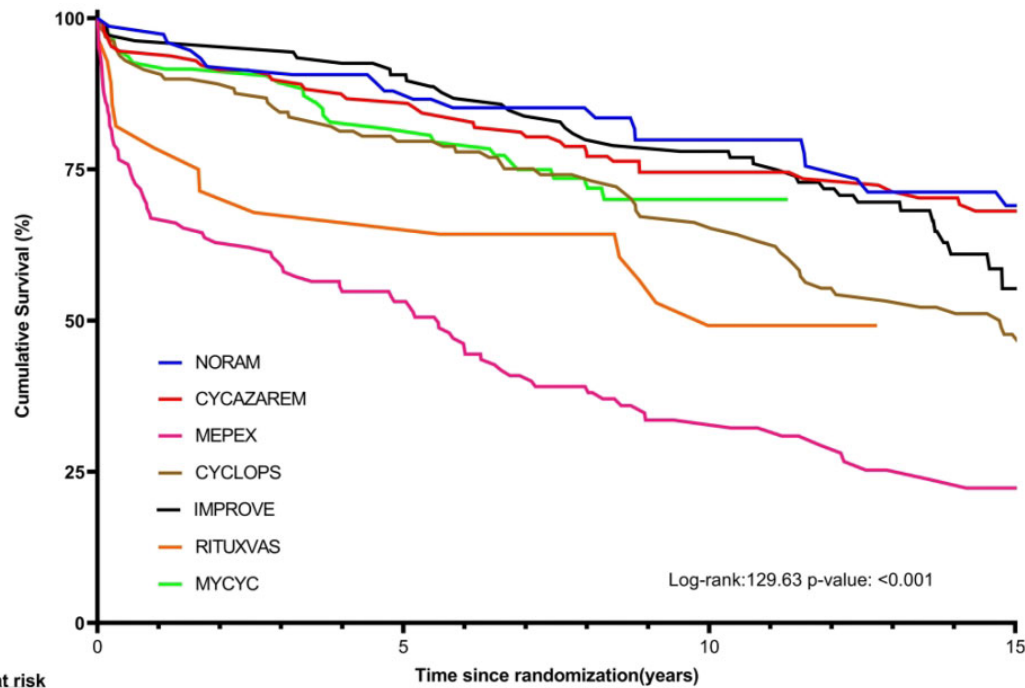
Survival	
at 1 yr	88.2%
5 yrs	78.2%
10 yrs	66.7%
15 yrs	53.5%



## Patienten Überleben nach Alter



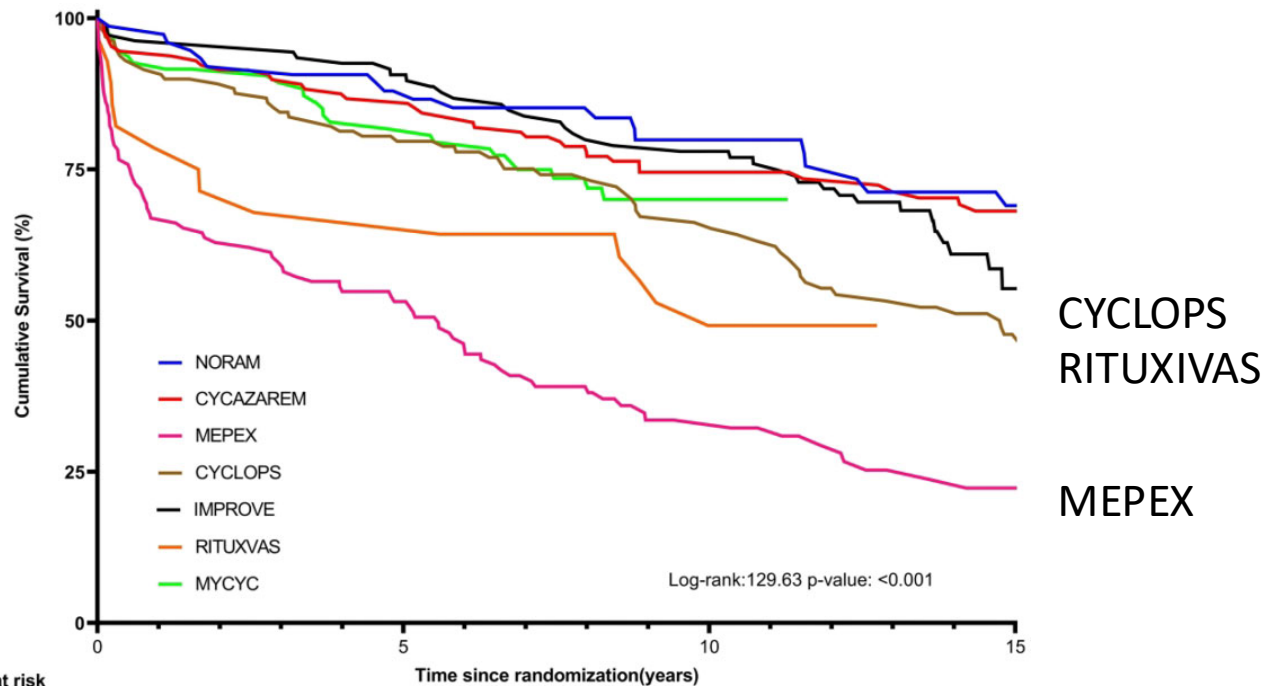
# Patienten Überleben nach RCTs



CYCLOPS  
RITUXIVAS  
MEPEX

	Survival at 10 years(%)	95 % CI
MEPEX	33.7	24.9 - 42.7
RITUXVAS	53.7	33.7 - 70
CYCLOPS	66.1	56.7 - 73.9
MYCYC	73.1	62.6 - 81.1
CYCAZAREM	75.9	67.6 - 82.4
IMPROVE	81.3	73 - 87.2
NORAM	81.4	70.4 - 88.6

# Patienten Überleben nach RCTs



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MEPEX	33.7	24.9 - 42.7
RITUXVAS	53.7	33.7 - 70
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CYCAZAREM	75.9	67.6 - 82.4
IMPROVE	81.3	73 - 87.2
NORAM	81.4	70.4 - 88.6

638 patients received CYC  
 63% p.o. 37% i.v.  
 → better survival compared i.v. with oral  
 (log rank 11.0, P = 0.001)

## Woran sind die Patienten verstorben ??

305 deaths



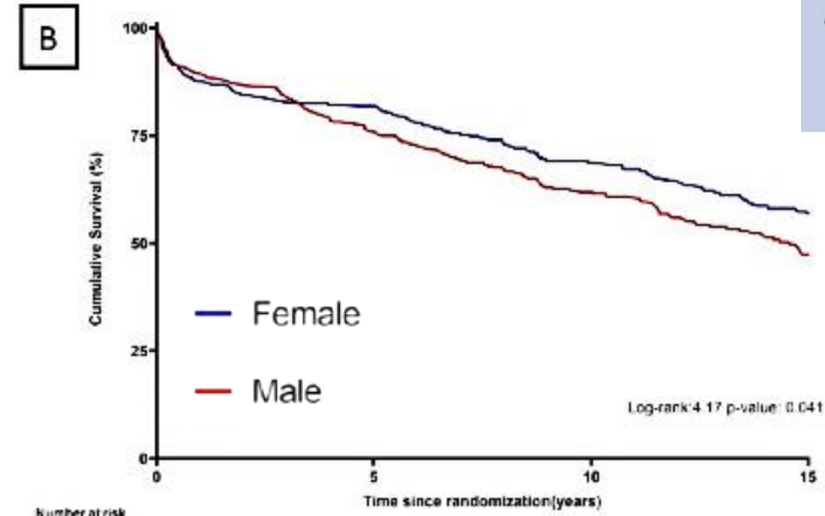
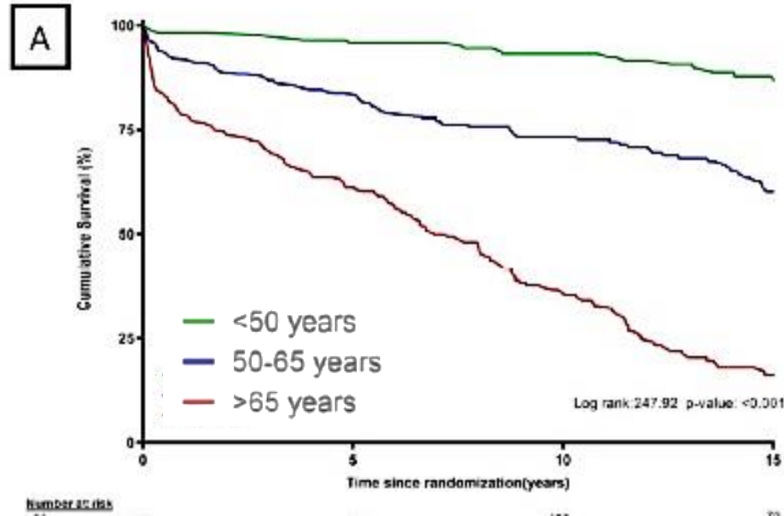
### Main cause of death

- Infection 26%
- CVD 14%
- Malignancy 13%

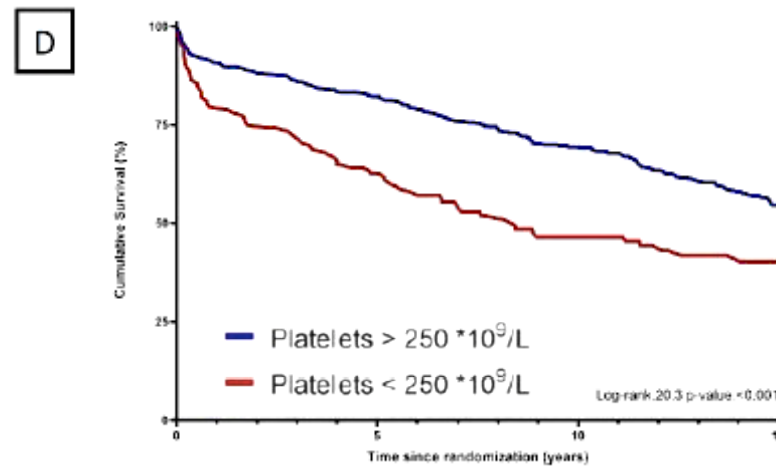
# Negative prognostic factors for patient survival

Kaplan Meier curves

Advanced age



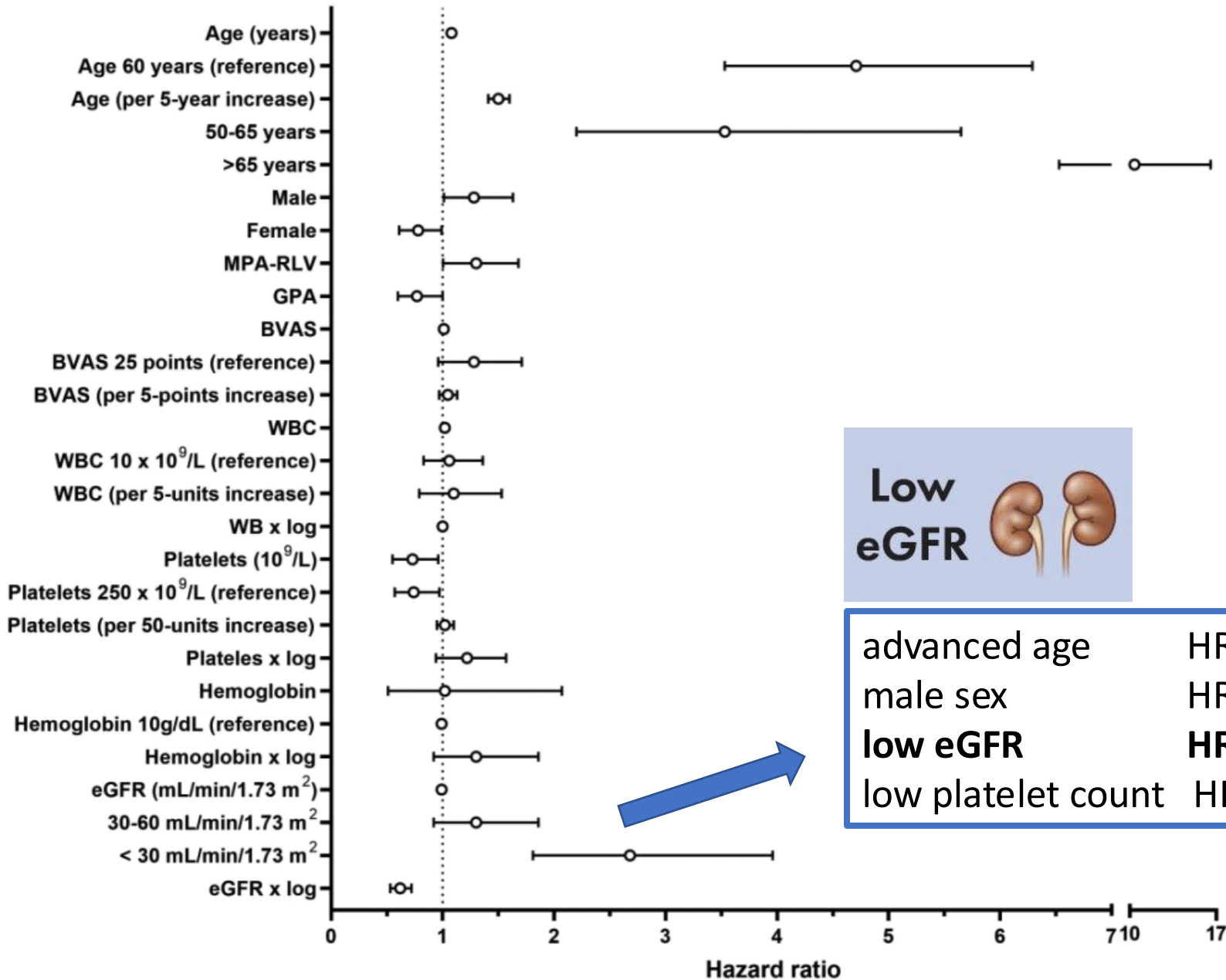
Male sex 



Low platelet count



# Negative prognostic factors for patient survival

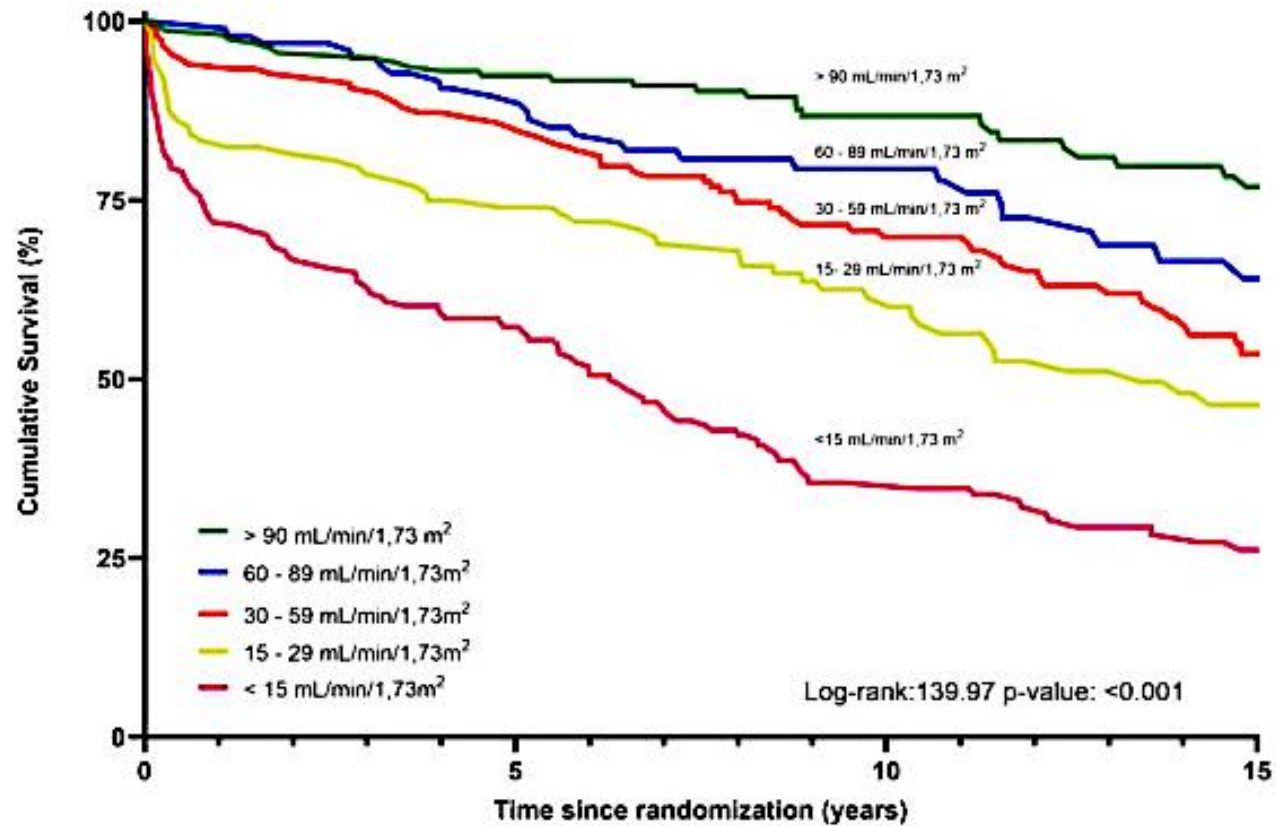


20.6%  
reached  
ESKD



advanced age	HR 9.9	(95% CI 6.2–15.8), P < .001
male sex	HR 1.3	(95% CI 1.1–1.7), P = .02
<b>low eGFR</b>	<b>HR 2.63</b>	<b>(95% CI 1.77–3.91), P = .001</b>
low platelet count	HR 1.7	(95% CI 1.2–2.4), P = .004

# Negative prognostic factors for patient survival



The highest number of deaths was found in the group of patients with lowest GFR

## Long-term outcome of **kidney function** in patients with ANCA-associated vasculitis

848 AAV Patienten

Renale Beteiligung 644 (76%)

follow-up 7.96 Jahre



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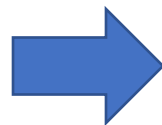
### GFR at baseline

199 eGFR < 15 mL/min/1.73 m<sup>2</sup>

144 eGFR 15–30 mL/min/1.73 m<sup>2</sup>

183 eGFR 30–60 mL/min/1.73 m<sup>2</sup>

107 dialysis at presentation

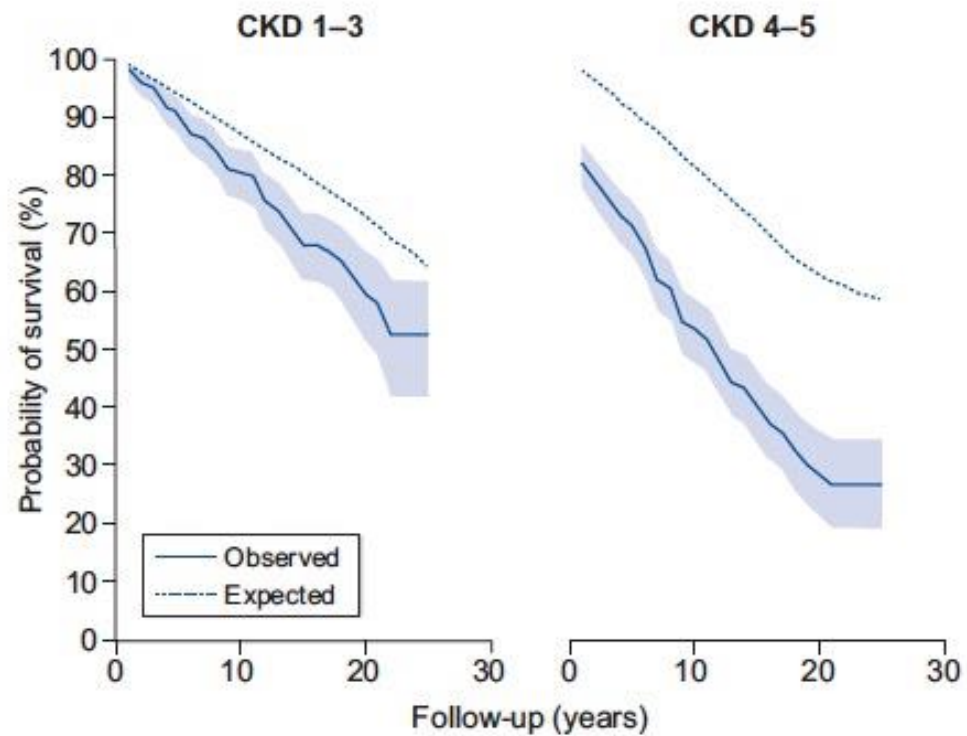


**Gibt es Risikofaktoren für ESKD ?**

**Haben histologische Veränderungen eine prognostische Bedeutung ?**

# Long-term outcome of kidney function in patients with ANCA-associated vasculitis

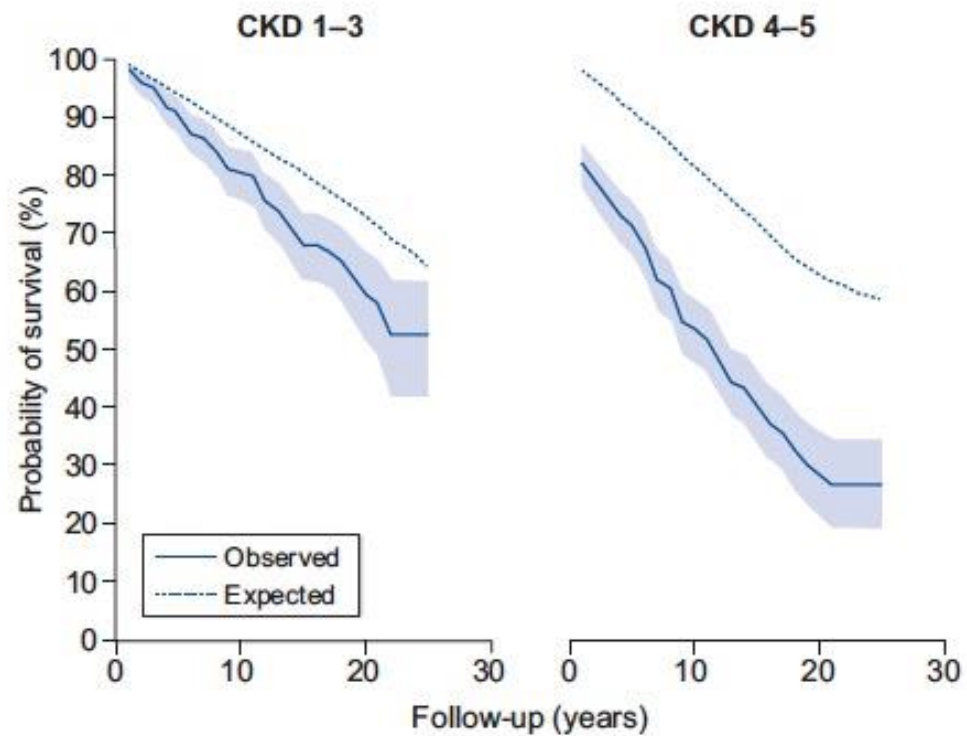
## Patienten Überleben nach CKD-Stadium



Baseline GFR is important !!

# Long-term outcome of kidney function in patients with ANCA-associated vasculitis

## Patienten Überleben nach CKD-Stadium

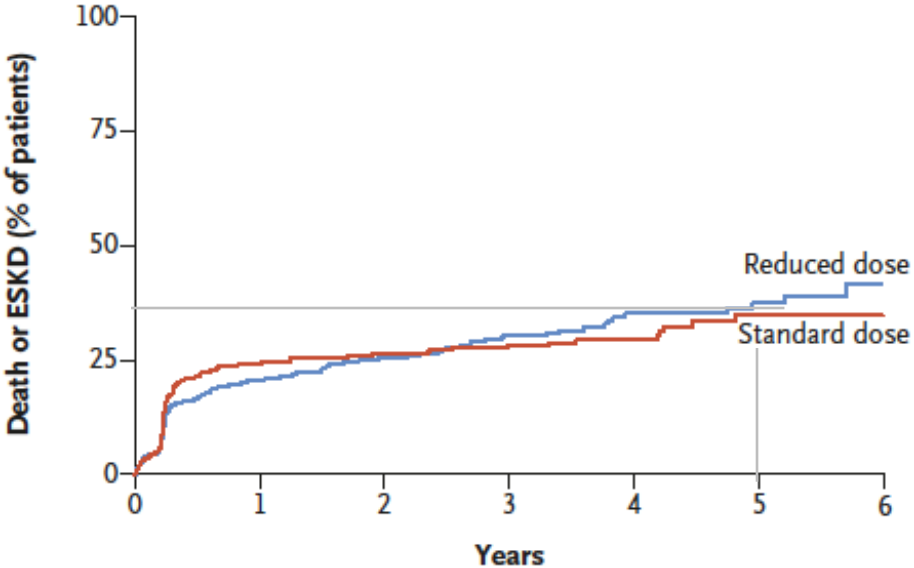


- ESKD nach 5 Jahren 17%  
nach 10 Jahren 22%  
nach 15 Jahren 27%
- 34% Recovery von initialer Dialyse

# ANCA Vasculitis- Renale Prognose

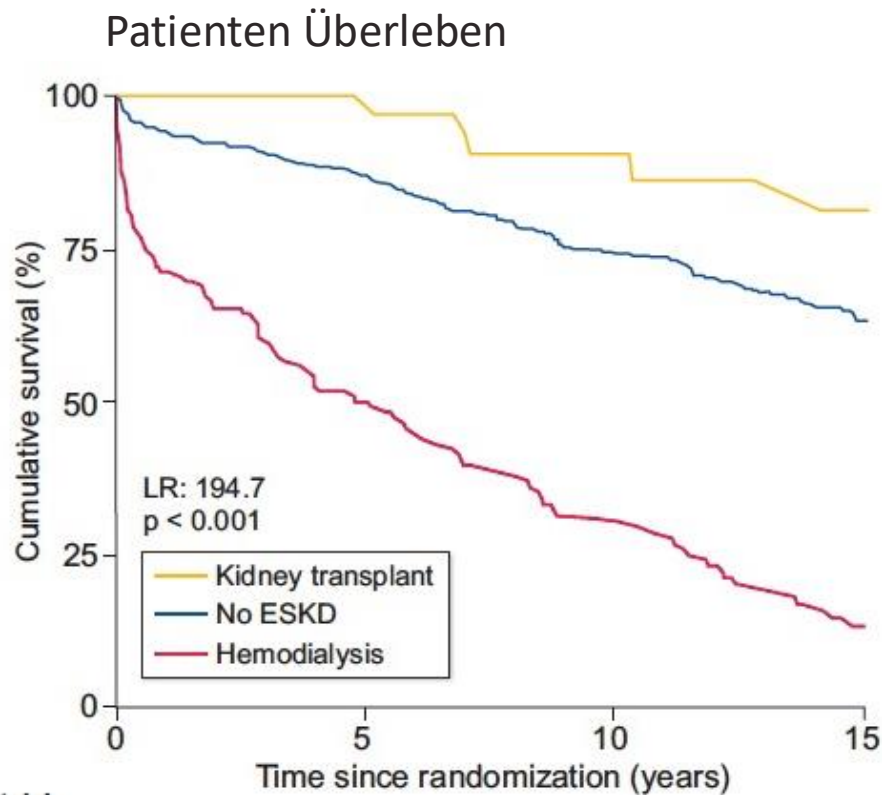
eGFR <50 mL/min → >30% ESKD

**B Primary Outcome According to Glucocorticoid Regimen**



## Patienten Überleben - ESKD

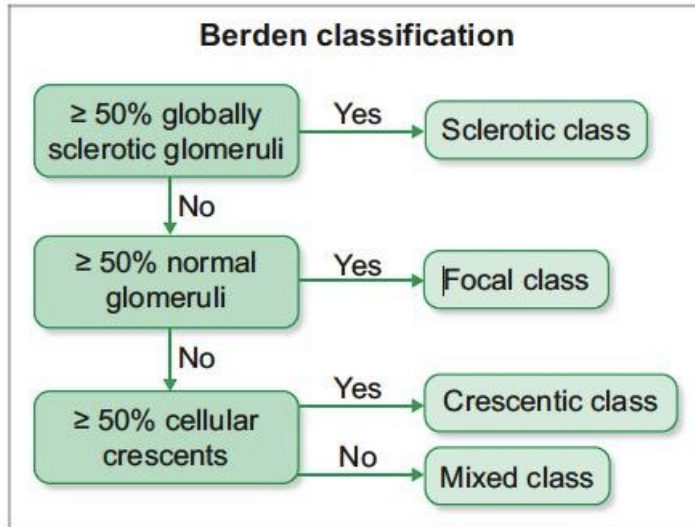
35 Transplantiert  
140 Dialyse



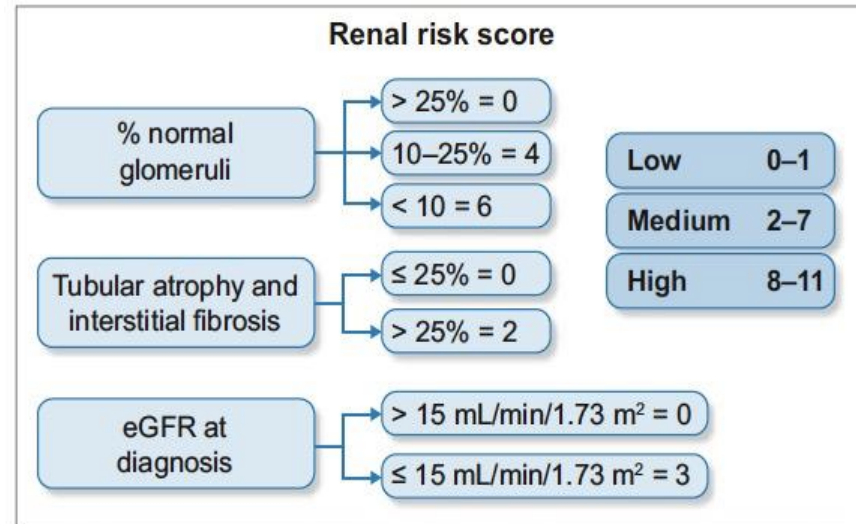
- **Erhöhte Mortalität mit ESKD** (HR) 2.8;  $P < .001$   
Prognose besser mit GPA als mit MPA (HR 5.4;  $P = .02$ )
- **Ursachen für die Mortalität**
  - Infektionen (29.7%)
  - CVD (16.9%)
  - Maligne Erkrankungen (5.9%).

# Was ist der Stellenwert der Nierenhistologie bezüglich Outcome ?

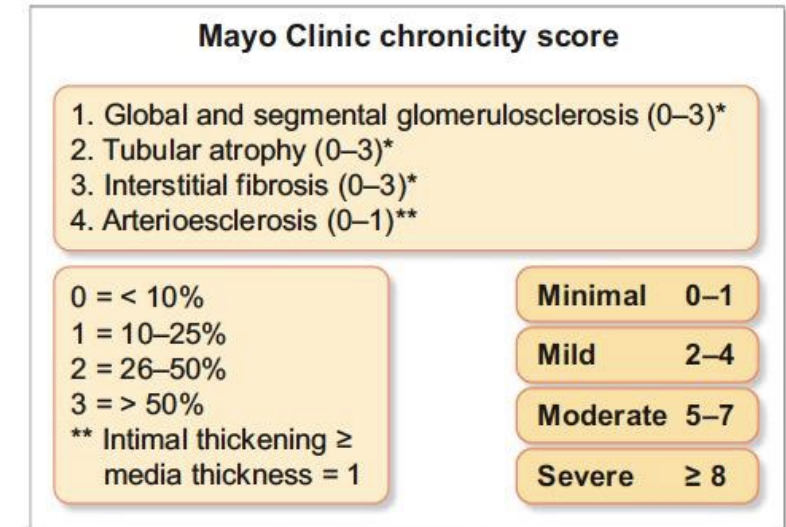
Different prediction models for kidney survival



Fokus  
Glomeruläre Veränderungen

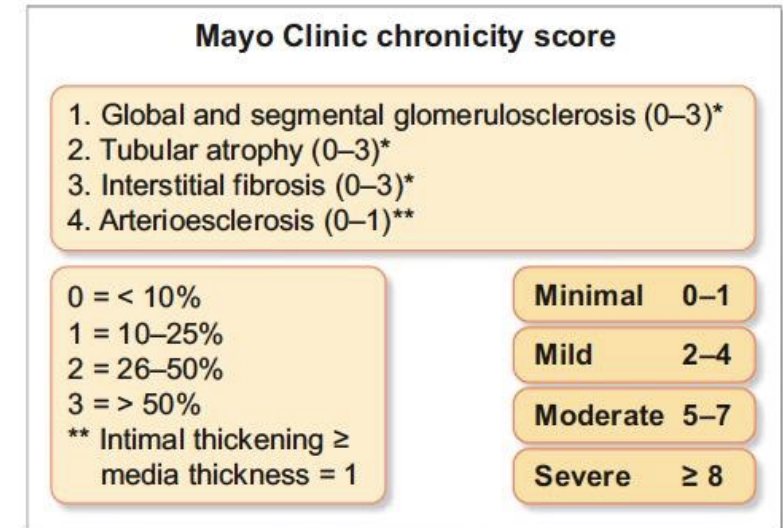
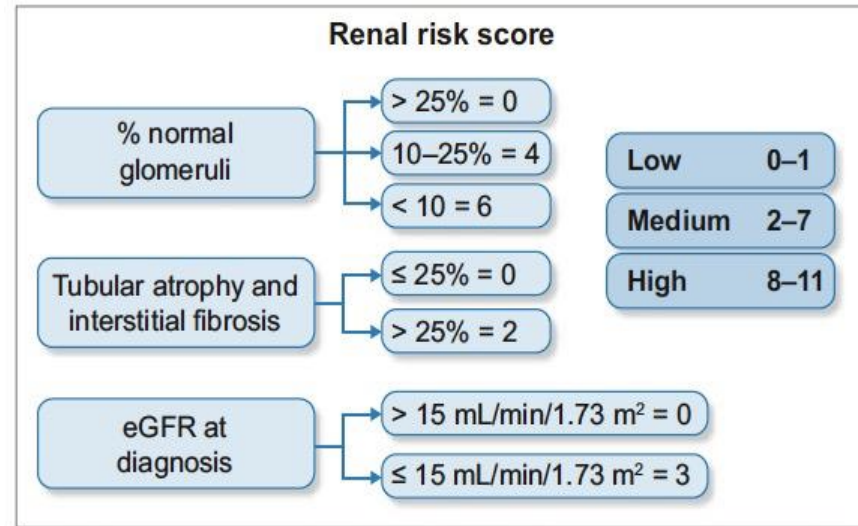
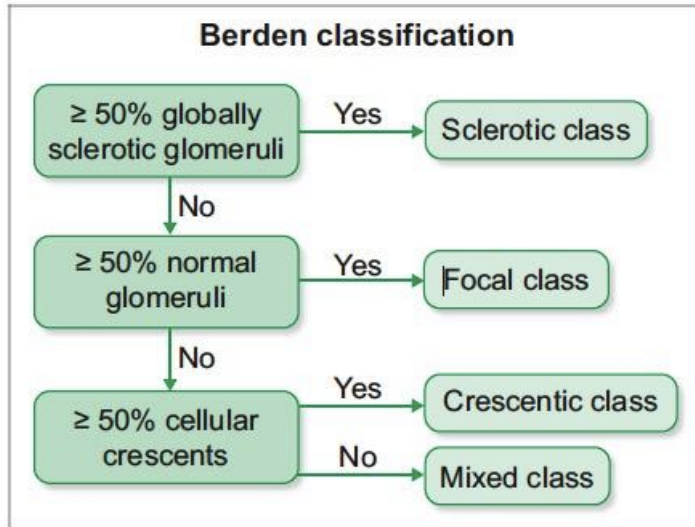


Fokus  
Glomerulär und tubulo-interstitiell  
+ eGFR !!

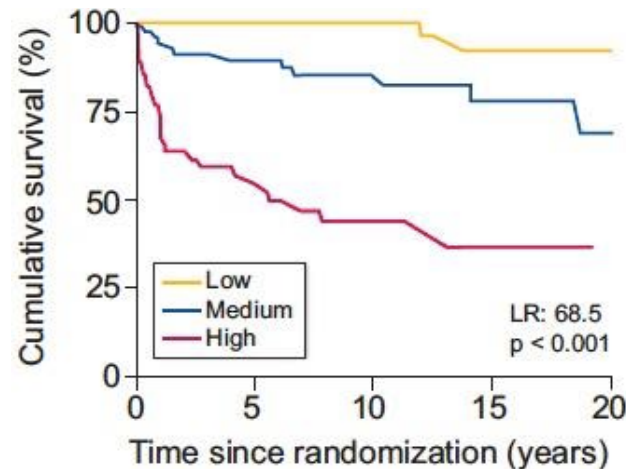
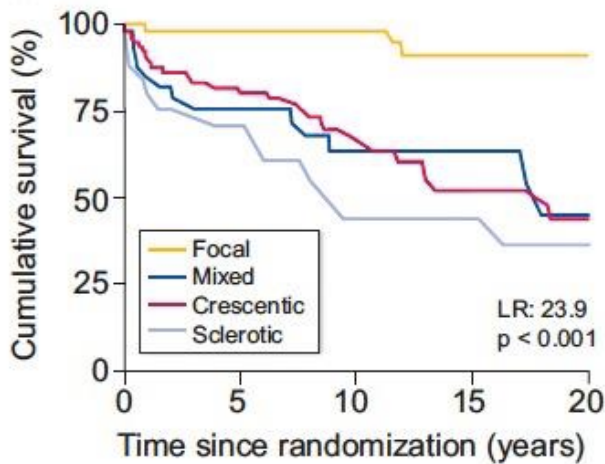


Fokus  
Chronische Veränderungen

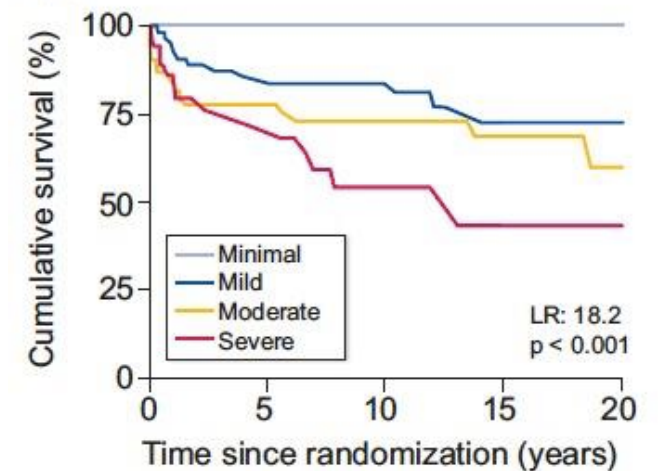
# Was ist der Stellenwert der Nierenhistologie bezüglich Outcome ?



(A) Kidney endpoint according to the histological classifications



(C)





## Prognostic factors for kidney endpoints

Variables	Univariate			Multivariate		
	HR	95% CI	P-value	HR	95% CI	P-value
Kidney endpoint—all the patients						
<u>MPA</u>	2.02	1.44–2.86	<.001	1.14	0.80–1.64	.5
Male	1.34	0.94–1.91	.1	1.28	0.89–1.84	.2
<u>eGFR (mL/min/1.73 m<sup>2</sup>)</u>	0.97	0.96–0.97	<.001	<b>0.97</b>	0.93–0.99	<b>&lt;.001</b>
<u>Age &gt;65 years old</u>	2.49	1.76–3.53	<.001	<b>1.68</b>	1.18–2.41	<b>.005</b>
<u>Hemoglobin (g/dL)</u>	0.75	0.68–0.83	<.001	<b>0.88</b>	0.78–0.98	<b>.02</b>



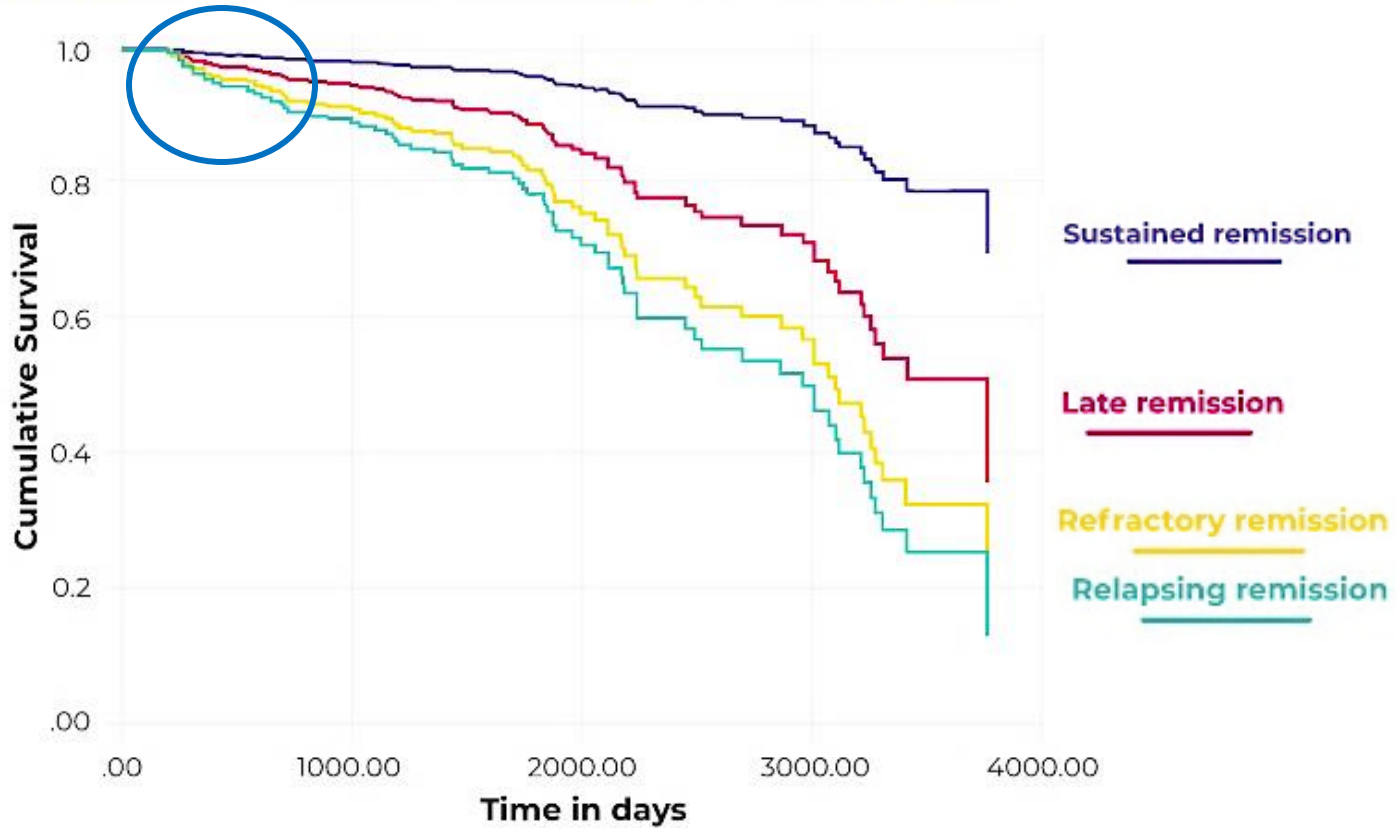
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<b>Kidney endpoint—patients with kidney biopsy</b>						
<u>Normal glomeruli (%)</u>	0.94	0.92–0.96	<.001	<b>0.96</b>	0.93–0.98	<b>.002</b>
Mild glomeruloesclerosis	1.55	0.68–3.53	.3	2.20	0.94–5.14	.07
Moderate glomeruloesclerosis	3.52	1.54–8.05	.003	1.93	0.84–4.42	.1
<u>Severe glomeruloesclerosis</u>	3.87	1.73–8.64	.001	<b>2.87</b>	1.26–6.57	<b>.01</b>
<u>Age &gt;65 years old</u>	2.37	1.67–3.37	<.001	1.41	0.75–2.65	.3
<u>eGFR (mL/min/1.73 m<sup>2</sup>)</u>	0.97	0.96–0.97	<.001	<b>0.96</b>	0.93–0.99	<b>.005</b>

# Time and Treatment

## 4 EUVAS trials

Cox proportional hazard model for composite endpoint of mortality or ESRD<sup>3</sup>



- Frühe anhaltende Remission
- Umso besser die Nierenfunktion umso besser der outcome!
- Relapse → ESKD, Mortalität

## Renal Outcome - Proteinurie

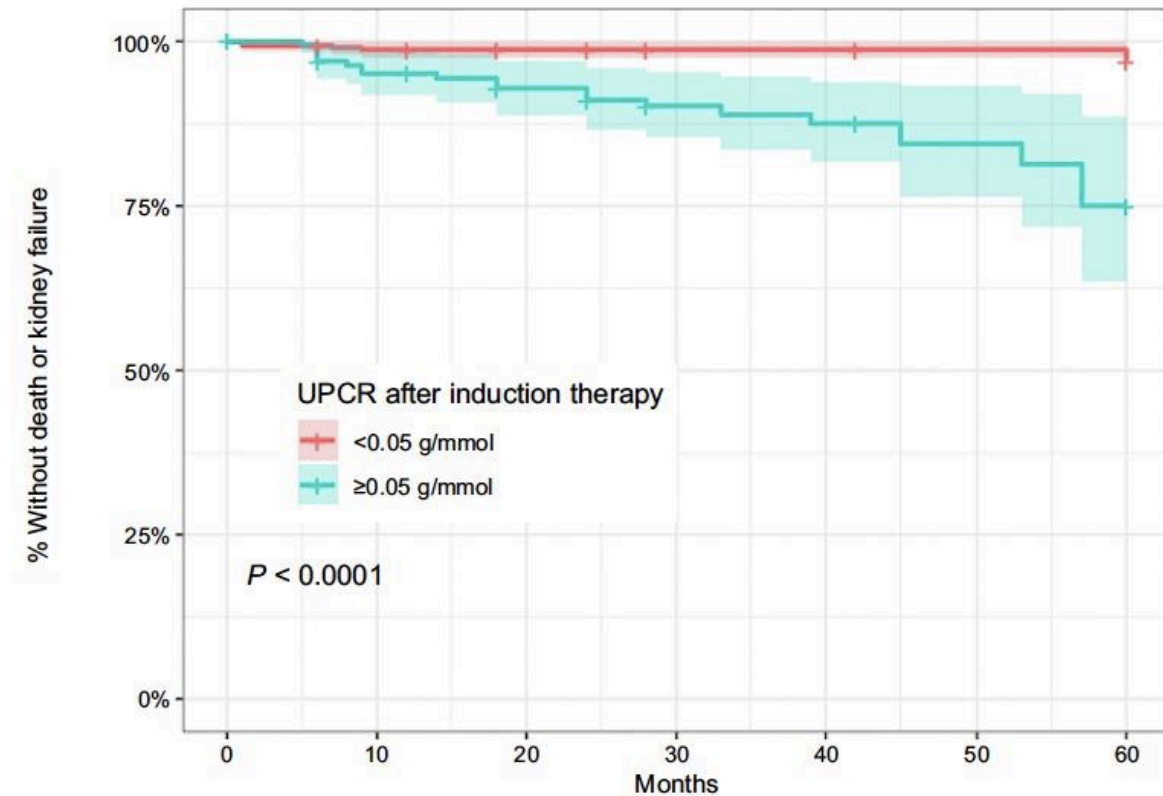
5 European RCT on AAV  
(MAINRITSAN, MAINRITSAN2, RITUXVAS,  
MYCYC, IMPROVE), n=571

### Nach der Induktions-Therapie

- Persistierende Hämaturie 30 %
- UPCR >0.05 g/mmol 34 %

### Proteinurie

Composite outcome of **death or kidney failure**



5 European RCT on AAV  
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## Renaler Relapse

### Nach der Induktions-Therapie

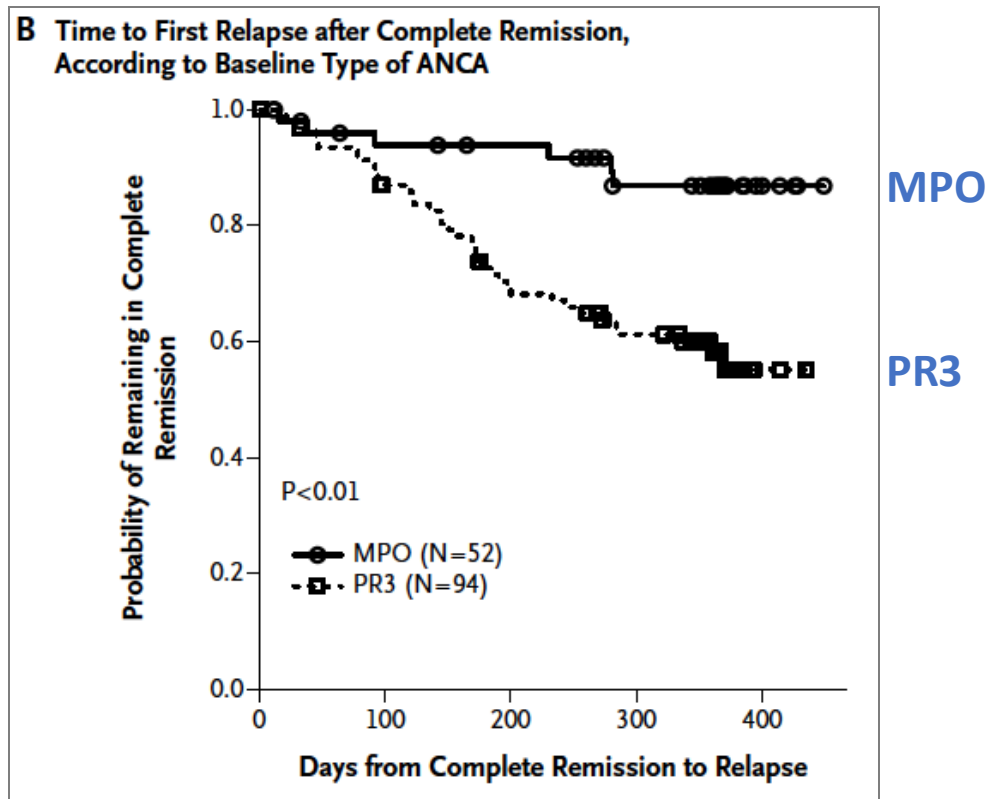
- Persistierende Hämaturie 30 %
- UPCR >0.05 g/mmol 34 %

Variable	Kidney relapse		
	Adjusted sHR	95% CI	P
Older age (per 1-yr increase)	1.02	0.99–1.04	0.170
ANCA type (reference: MPO)			
Negative	1.27	0.32–4.95	0.730
PR3	1.40	0.68–2.88	0.360
Maintenance therapy: other (vs. RTX)	7.11	2.15–23.52	0.001
sCreat after induction therapy (per 10 $\mu$ mol/l)	0.98	0.94–1.03	0.490
Hematuria after induction therapy	2.16	1.13–4.11	0.020
UPCR after induction therapy $\geq$ 0.05 g/mmol	2.22	1.16–4.24	0.016

# Relapse Risiko

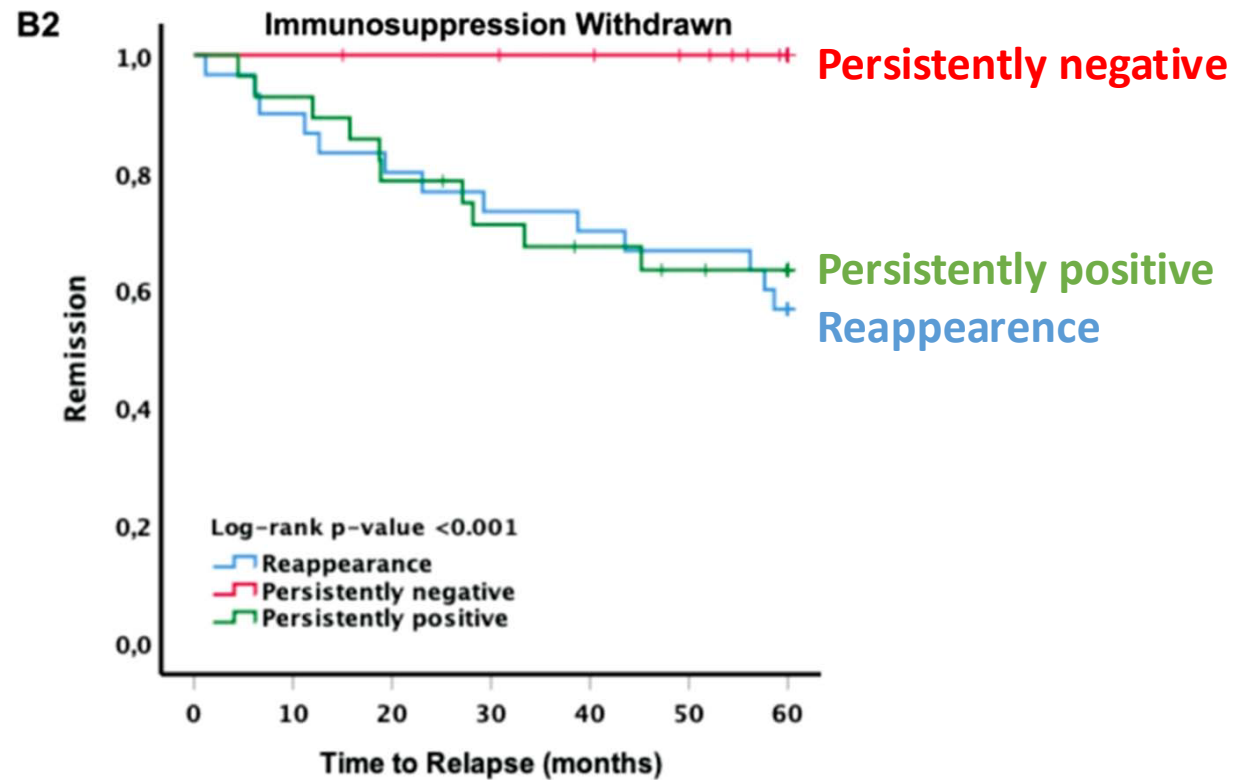
RAVE study  
CYC/AZA vs. Rituximab 18 Mo

## Time to first relapse



Mayo Clinic cohort

## Remission by MPO-ANCA titer

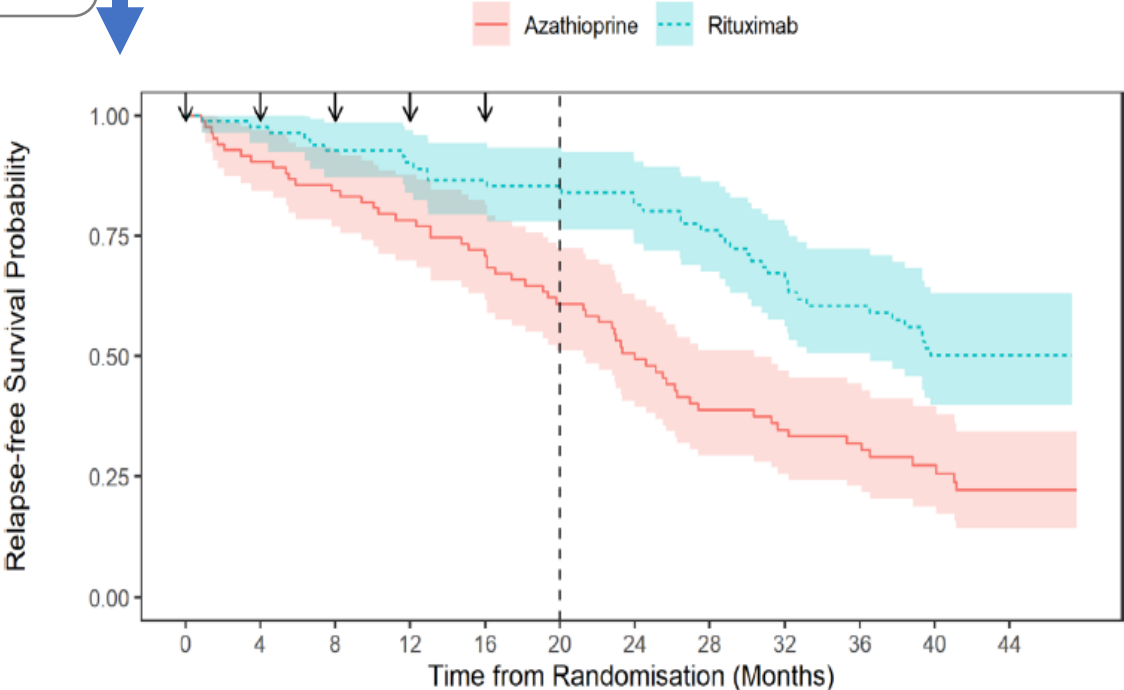


# Rituximab – Relapse Prevention

**RITAZAREM** (1g RTX/4Mo vs AZA)

170 relapsing GPA/MPA

Induction RTX  
Remission at months 4



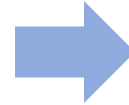
## Long-term outcome in AAV ....Wo stehen wir?

- Höhere Mortalität im Vergleich zur Allgemeinbevölkerung (20% nach 10 Jahren)  
- alle Altersgruppen
- 22% ESKD nach 10 Jahren  
34% Recovery nach initialer Dialyse
- Gutes Transplant- und Patienten ÜL  
(86% nach 10 J )

## Prognose - Room for Improvement

### Ursachen für Mortalität

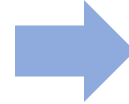
- Infektion
- CVD, Maligne Erkrankungen



- Steroide reduzieren, Avacopan
- Immunsuppression
- Prävention
- Management - Co-Morbiditäten

### Risikofaktoren

- Alter
- ↓ eGFR baseline
- Histo - Chron Veränderungen  
- % normal Glomeruli
- MPA



- Awareness!
- Frühe Diagnose
- Rascher Therapiebeginn

### Klinische Parameter

- Hämaturie, Proteinurie
- ANCA



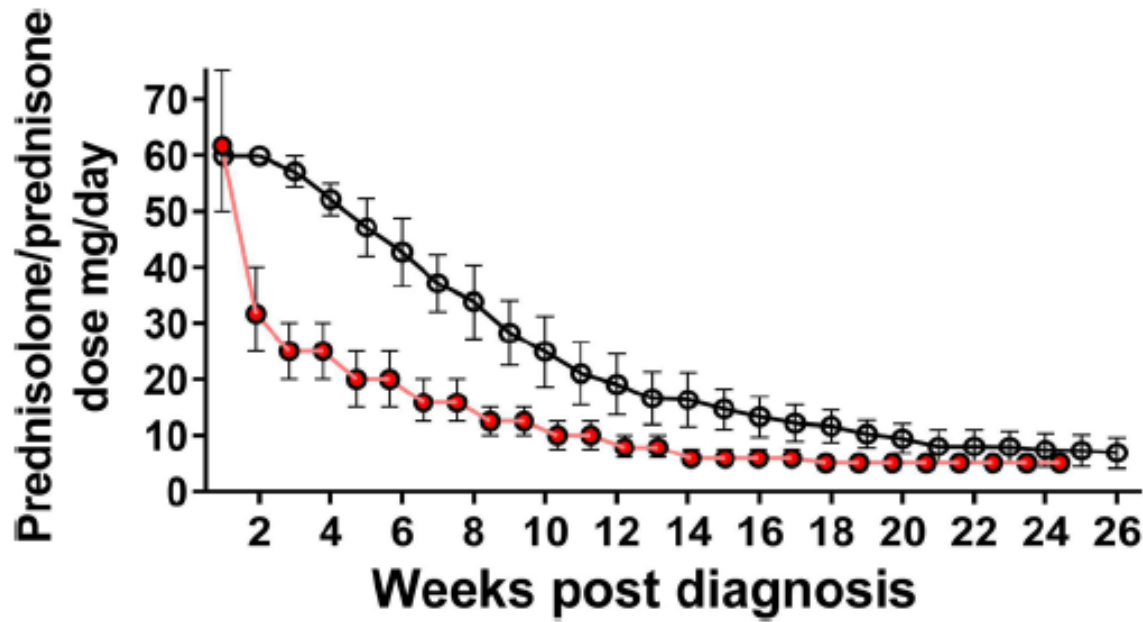
- Erhaltung der Nierenfunktion
- Regelmäßige Evaluierung, follow-up

### Relapse Prävention



- Individualisierte Therapie





**Figure 2** Protocol target glucocorticoid (GC) doses in AAV induction trials<sup>81 106 113 221-226</sup> (black line), illustrating how these compare with the reduced GC group from the PEXIVAS trial (red line). The line and

Week	<50kg	50-75kg	>75kg
1	50	60	75
2	25	30	40
3-4	20	25	30
5-6	15	20	25
7-8	12,5	15	20
9-10	10	12,5	15
11-12	7,5	10	12,5
13-14	6	7,5	10
15-16	5	5	7,5
17-18	5	5	7,5
19-20	5	5	5
21-22	5	5	5
23-52	5	5	5

**Table 3. Secondary Outcomes.\***

Secondary Outcome	Plasma Exchange vs. No Plasma Exchange	Reduced-Dose vs. Standard-Dose Glucocorticoid Regimen	
	<i>effect size (95% CI)</i>		
Death from any cause	0.87 (0.58–1.29)	0.78 (0.53–1.17)	
End-stage kidney disease	0.81 (0.57–1.13)	0.96 (0.68–1.34)	
Sustained remission	1.01 (0.89–1.15)	1.04 (0.92–1.19)	
Serious adverse events	1.21 (0.96–1.52)	0.95 (0.75–1.20)	
Serious infections at 1 year	1.16 (0.87–1.56)	0.69 (0.52–0.93)	P 0.02

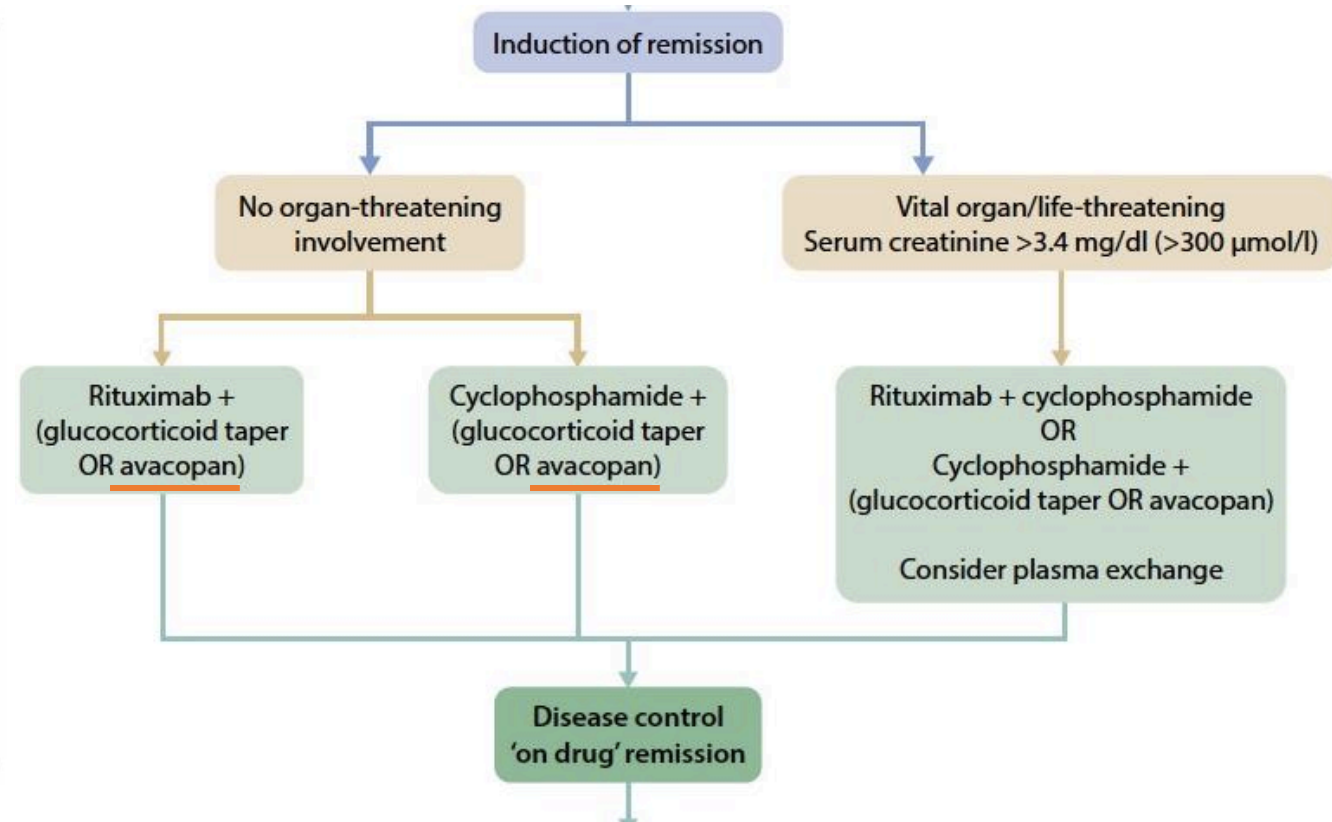
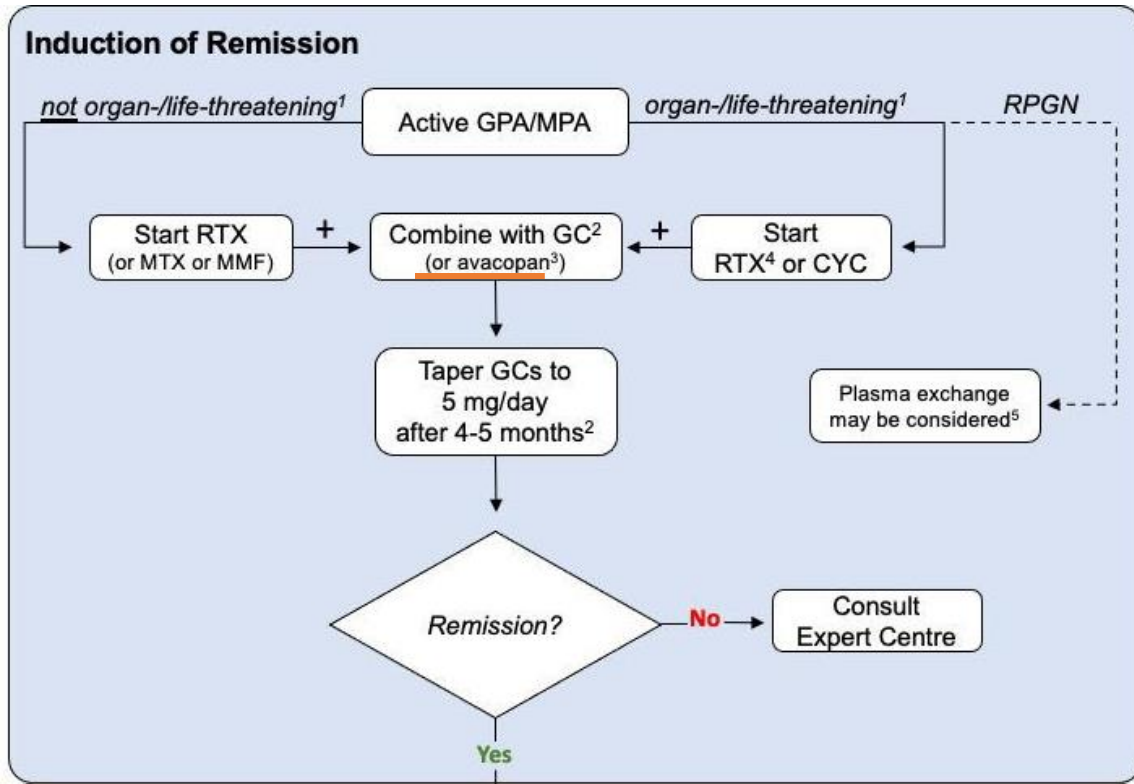
**30% Reduktion von schweren Infektionen**

# EULAR recommendations for the management of ANCA-associated vasculitis: 2022 update

Bernhard Hellmich <sup>1</sup>, Beatriz Sanchez-Alamo <sup>2</sup>, Jan H Schirmer <sup>3</sup>, Alvis Bertini <sup>4,5</sup>, Daniel Blockmans <sup>6</sup>, Maria C Cid <sup>7</sup>, Julia U Holle <sup>8</sup>, Nicole Hollinger <sup>1</sup>, Omer Karadağ <sup>1</sup>



KDIGO 2024



## Treatment Individualisation

### Factors that increase relapse risk for AAV

Baseline factors	Factors after diagnosis	Treatment factors
<ul style="list-style-type: none"><li>• Diagnosis of granulomatosis with polyangiitis</li><li>• PR3-ANCA subgroup</li><li>• Lower serum creatinine</li><li>• More extensive disease</li><li>• Ear, nose, and throat disease</li></ul>	<ul style="list-style-type: none"><li>• History of relapse</li><li>• ANCA positive at the end of induction</li><li>• Rise in ANCA</li></ul>	<ul style="list-style-type: none"><li>• Lower cyclophosphamide exposure</li><li>• Immunosuppressive withdrawal</li><li>• Glucocorticoid withdrawal</li></ul>

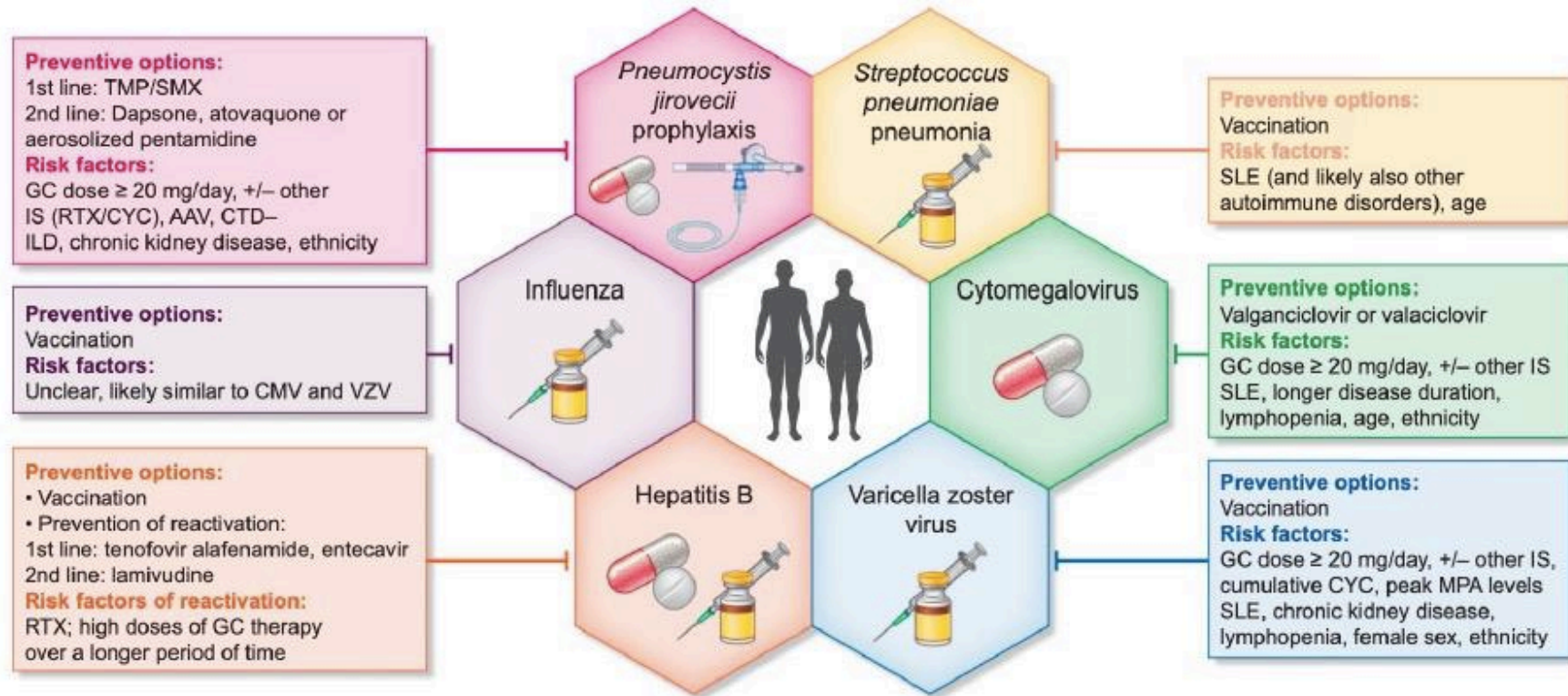
- Persisting haematuria after induction

- No RTX maintenance

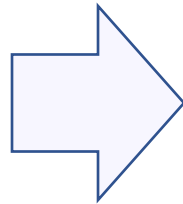
ANCA is the strongest predictor for relapse after RTX



# Preventive strategies



## ... eine optimale Therapie



- Rasche, potente Wirkung
- Günstiges Nebenwirkungsprofil
- Steroidfreie Strategie
  
- Erhaltung der Nierenfunktion
- Reduktion von Proteinurie
  
- Prävention von Rezidiven
  
- Optimierung der Lebensqualität



Thank You !!

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# Gekürzte Verschreibungsinformationen

## Schweiz:

**Tavneos®. Z:** Avacopan. **I:** Tavneos, als ergänzende Therapie zu einer immunsuppressiven Standardbehandlung auf Basis von Rituximab oder Cyclophosphamid mit Glukokortikoiden, ist für die Behandlung erwachsener Patienten mit schwerer aktiver ANCA Vaskulitis (GPA/MPA) indiziert. **D:** Orale Einnahme morgens und abends 2x täglich 30 mg (3 Kapseln zu je 10 mg) mit Nahrung. **KI:** Überempfindlichkeit gegen den Wirkstoff oder einen der Hilfsstoffe. **VM:** Hepatotoxizität; Angioödem; Überwachung des Blutbildes (weisse Blutkörperchen); Schwere Infektionen; Reaktivierung des Hepatitis-B-Virus; Herzbeschwerden; Bösartige Tumore; Macroglycerinhydroxystearat. **S/S:** Eine Anwendung während der Schwangerschaft und bei Frauen im gebärfähigen Alter, die keine Verhütungsmethode anwenden, ist nicht empfohlen. Es ist nicht bekannt, ob Avacopan in die Muttermilch ausgeschieden wird. Der Nutzen des Stillens für das Kind sollte gegen den Nutzen der Behandlung für die Patientin abgewogen werden. **UW:** Sehr häufig: Infektion der oberen Atemwege, Nasopharyngitis; Kopfschmerzen; Erbrechen, Durchfall, Übelkeit; erhöhter Lebertest; verminderte Anzahl weisser Blutkörperchen. Häufig: Lungenentzündung, Infektion der unteren Atemwege, Influenza, Bronchitis, Zellulitis, Infektion der Harnwege, Herpes zoster, Sinusitis, orale Candidose, Herpes im Mundbereich, Otitis media, Rhinitis, Gastroenteritis; Neutropenie; Oberbauchschmerzen; Anstieg der Kreatinphosphokinase im Blut. Gelegentlich: Angioödem. **IA:** Avacopan ist ein Substrat von CYP3A4. Die gleichzeitige Verabreichung von Induktoren oder Inhibitoren dieses Enzyms kann die Pharmakokinetik von Avacopan beeinflussen. Siehe Fachinformation. **P:** Tavneos 10 mg: 30 und 180 Hartkapseln. **Liste B.** Detaillierte Informationen: [www.swissmedicinfo.ch](http://www.swissmedicinfo.ch). Stand der Information: Januar 2024. **Zulassungsinhaberin:** Vifor Fresenius Medical Care Renal Pharma Ltd., St. Gallen. **Vertrieb:** Vifor Pharma Switzerland AG, CH-1752 Villars-sur-Glâne |

▼Dieses Arzneimittel unterliegt einer zusätzlichen Überwachung. Für weitere Informationen, siehe Fachinformation TAVNEOS® auf [www.swissmedicinfo.ch](http://www.swissmedicinfo.ch).

# Gekürzte Verschreibungsinformationen

Österreich:

**Tavneos® Fachkurzinformation**

**Tavneos®10mg Hartkapsel**

**Zusammensetzung:** Jede Hartkapsel enthält 10 mg Avacopan. Sonstige Bestandteile mit bekannter Wirkung: 245 mg Macrogolglycerolhydroxystearat(Ph.Eur). **Anwendungsgebiete:** Tavneos® ist in Kombination mit einem Rituximab- oder Cyclophopamid-Dosierungsschema indiziert zur Behandlung erwachsener Patienten mit schwerer aktiver Granulomatose mit Polyangiitis (GPA) oder mikroskopischer Polyangiitis (MPA). **Gegenanzeigen:** Überempfindlichkeit gegen den Wirkstoff oder einen der sonstigen Bestandteile. **Pharmakotherapeutische Gruppe:** Komplement-Inhibitoren **ATC- Code:** L04AJ05 **Inhaber der Zulassung:** Vifor France, 100-101 Terrasse Boieldieu Tour Franklin La Defense 8 92042 Paris La Defense Cedex, Frankreich. Rezept- und apothekenpflichtig. Weitere Angaben zu Warnhinweisen und Vorsichtsmaßnahmen für die Anwendung, Wechselwirkungen mit anderen Arzneimitteln oder sonstigen Wechselwirkungen, Schwangerschaft und Stillzeit und Nebenwirkungen sowie Gewöhnungseffekten sind der veröffentlichten Fachinformation zu entnehmen. Stand der Information: Mai 2023

▼ Dieses Arzneimittel unterliegt einer zusätzlichen Überwachung. Dies ermöglicht eine schnelle Identifizierung neuer Sicherheitsdaten. Angehörige der Gesundheitsberufe werden gebeten, alle Verdachtsfälle von unerwünschten Wirkungen zu melden.